[Special Instructions:

Table 1 groups the data in the Pre-Test and Post-Test by psychosocial variable. Use the information in Table 2 to assist you with scoring and grouping the various survey items appropriately. Make special note of items that need to be reverse-scored. Again, it is strongly recommended that you work with a statistician or your district’s data center in analyzing these findings.

Alternately, you may wish to present the data as percentage differences in the responses of the survey items. Table 3 will assist you with this option.]

**<Insert District Name>**

**Outcome Evaluation Report for <Insert Program Name>**

**An Evidence-Based Program**

**<Insert School Year(s)>**

Edited by <District Coordinator Name>

# Introduction

This report presents results from the outcome evaluation of <Insert Program Name>, an evidence-based program, which was implemented in <Insert District Name> during the <Insert School Year(s)> school year. Findings from the outcome evaluation may be used to determine whether knowledge, attitudes, intentions, peer norms, self-efficacy, and parent-child communication related to sexual health changed after implementing <Insert Program Name>, in <Insert District Name>.

[Insert program description below. Refer back to Part II of the Implementation Plan from the Prepare Step.]  
<Program description>

# SUmmary of Findings

[Complete this section after you have completed Table 1 and/or Table 3 of this Outcome Evaluation Report. Summarize in a few bullets key findings, including positive, neutral, and negative outcomes, from your outcome evaluation. You may consider presenting a descriptive paragraph here that highlights key findings, in lieu or in addition to presenting bullets as indicated below. Some districts also find it useful to include visual charts or graphs. A sample graph is included below for you to modify, if desired.]

### Outcome Evaluation

* <After participating in the program, the percent of students who intend to be sexually abstinent until the end of high school increased by XX percentage points (from XX% to XX%).> (positive result)
* <After participating in the program, XX% of students believed most teens their age were having sex, a decrease of XX percentage points.> (positive result)
* <After participating in the program, there was no significant difference in students’ communication frequency with their parents about sexual health.> (neutral result)
* <After participating in the program, XX% of students believed that some STDs put them at greater risk of being infected with HIV, a decrease of XX percentage points.> (negative result)
* <After participating in the program, students were more confident in their ability to refuse sex.> (positive result)

**Table 1**: Psychosocial Outcomes for Pre-Test vs. Post-Test

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | **Pre-Test** |  |  | **Post-Test** |  |  |
| **Psychosocial variables** | **n** | **Mean** | **Standard Deviation** | **n** | **Mean** | **Standard Deviation** | **p-value** |
| **Knowledge about HIV and STDs** |  |  |  |  |  |  |  |
| **Beliefs regarding Sex** |  |  |  |  |  |  |  |
| **Perceived Peer Norms regarding Sex** |  |  |  |  |  |  |  |
| **Friends’ Beliefs about Sex and Abstinence** |  |  |  |  |  |  |  |
| **Self-Efficacy to Refuse Sex** |  |  |  |  |  |  |  |
| **Behavioral Intentions** |  |  |  |  |  |  |  |
| Do you intend to have sexual intercourse in the next year, if you have the chance? |  |  |  |  |  |  |  |
| Do you intend to be sexually abstinent (that is, not have sexual intercourse) from now until the end of high school? |  |  |  |  |  |  |  |
| Do you intend to be sexually abstinent (that is, not have sexual intercourse) from now until marriage? |  |  |  |  |  |  |  |
| If you were to have sexual intercourse in the next year, do you intend to use (or have your partner use) a condom? |  |  |  |  |  |  |  |
| **Parent/Guardian Communication** |  |  |  |  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Table 2:** Scoring Guidance for Psychosocial Variables  \* **These items should be reverse-scored.** For example, for the item “I believe it is okay for people my age to have sex with a steady boyfriend or girlfriend”, a response of *strongly disagree* should be scored 4, while a response of *strongly agree* should be scored 1. | | | |
| **Survey Items** | **Number of Items** | **Response Format** | **Interpretation of High Score** |
| **Knowledge about HIV and STDs**  You cannot get an STD from having oral sex. \*  One of the best ways to not get HIV, AIDS, or another STD is to not have sex.  Some STDs put you at higher risk of getting infected with HIV.  You can tell if a person has HIV or AIDS just by looking at them. \* | 4 | True, False, or Not Sure | Higher level of STD knowledge  (higher percentage of correct responses) |
| **Beliefs regarding Sex**  I believe people my age should wait until they are older to have sex.  I believe it is okay for people my age to have sex with a steady boyfriend or girlfriend. \*  I believe it is okay for people my age to have sex as long as they use a condom. \*  I believe it is okay for people my age to have sex with a friend. \* | 4 | 4-point scale (strongly disagree – strongly agree) | Higher support for waiting to have sex |
| **Perceived Peer Norms regarding Sex** |  |  |  |
| Most teens who have had sex wish they had waited until they were older. | 1 | 4-point scale (strongly disagree – strongly agree) | Higher level of agreement with statement |
| Most teens my age are having sex. | 1 | 4-point scale (strongly disagree – strongly agree) | Higher level of agreement with statement |
| **Friends’ Beliefs about Sex and Abstinence**  Most of my friends believe people my age should wait until they are older before they have sex.  Most of my friends believe it is okay for people my age to have sex with a steady boyfriend or girlfriend. \*  Most of my friends believe it is okay for people my age to have sex as long as they use a condom. \*  Most of my friends believe it is okay for people my age to have sex with a friend. \* | 4 | 4-point scale (strongly disagree – strongly agree) | Higher perception that friends are supportive of waiting to have sex |
| **Self-Efficacy to Refuse Sex**  Imagine you are alone with someone you like very much. Could you stop them if they wanted to kiss you on the lips, but you did not want them to do that?  Imagine you are alone with someone you like very much. Could you stop them if they wanted to touch your chest or breasts, but you did not want them to?  Imagine you are alone with someone you like very much. Could you stop them if they wanted to touch your private parts below the waist, but you did not want them to?  Imagine you are along with someone you like very much. Could you stop them if they wanted to have sex with you, but you did not want them to? | 4 | 4-point scale (I definitely could not stop them – I definitely could stop them) | Higher level of self-efficacy to refuse sex |
| **Behavioral Intentions** |  |  |  |
| Do you intend to have sexual intercourse in the next year, if you have the chance? | 1 | 4-point scale (Yes, definitely – No, definitely not) | Respondent thinks it is less likely they will have sex in the next year |
| Do you intend to be sexually abstinent (that is, not have sexual intercourse) from now until the end of high school? \* | 1 | 4-point scale (Yes, definitely – No, definitely not) | Respondent thinks it is more likely they will remain abstinent until the end of high school |
| Do you intend to be sexually abstinent (that is, not have sexual intercourse) from now until marriage? \* | 1 | 4-point scale (Yes, definitely – No, definitely not) | Respondent thinks it is more likely they will remain abstinent until marriage |
| If you were to have sexual intercourse in the next year, do you intend to use (or have your partner use) a condom? \* | 1 | 4-point scale (Yes, definitely – No, definitely not) | Respondent thinks it is more likely they will use a condom if they have sex in the next year |
| **Parent/Guardian Communication**  How many times has your parent/guardian ever talked to you about dating or going out with someone you are attracted to?  How many times has your parent/guardian ever talked to you about how your body will change when you grow up or get older?  How many times has your parent/guardian ever talked to you about waiting to have sex until you are older?  How many times has your parent/guardian ever talked to you about waiting to have sex until you are married?  How many times has your parent/guardian ever talked to you about peer pressure?  How many times has your parent/guardian ever talked to you about HIV, AIDS or other sexually transmitted diseases?  How many times has your parent/guardian ever talked to you about condoms? | 7 | 3-point scale (We’ve never talked about it – We’ve talked about it lots of times) | Higher level of reported communication with parents about sexual topics |

**Scoring Recommendations:**

|  |  |  |
| --- | --- | --- |
| **Scale Type** | **Response** | **Score** (\* see note on table above for items requiring reverse scoring) |
| T/F | True | 1 |
|  | False | 0 |
|  | Not Sure | 0 |
| 4-point scale | Strongly disagree | 1 |
|  | Disagree | 2 |
|  | Agree | 3 |
|  | Strongly Agree | 4 |
|  | I definitely could not stop them | 1 |
|  | I probably could not stop them | 2 |
|  | I probably could stop them | 3 |
|  | I definitely could stop them | 4 |
|  | Yes, definitely | 1 |
|  | Yes, probably | 2 |
|  | No, probably not | 3 |
|  | No, definitely not | 4 |
| 3-point scale | We’ve never talked about it | 1 |
|  | We’ve talked about it once or twice | 2 |
|  | We’ve talked about it lots of times | 3 |

|  |  |  |
| --- | --- | --- |
| **Table 3:** Psychosocial Variables by Response Percentages |  |  |
| **Survey Items** | **Pre-Test** | **Post-Test** |
| **Knowledge about HIV and STDs** | % answering correctly | % answering correctly |
| You cannot get an STD from having oral sex. |  |  |
| One of the best ways to not get HIV, AIDS, or another STD is to not have sex. |  |  |
| Some STDs put you at higher risk of getting infected with HIV. |  |  |
| You can tell if a person has HIV or AIDS just by looking at them. |  |  |
| **Beliefs regarding Sex** | % answering *Agree* or *Strongly Agree* | % answering *Agree* or *Strongly Agree* |
| I believe people my age should wait until they are older to have sex. |  |  |
| I believe it is okay for people my age to have sex with a steady boyfriend or girlfriend. | % answering *Disagree* or *Strongly Disagree* | % answering *Disagree* or *Strongly Disagree* |
| I believe it is okay for people my age to have sex as long as they use a condom. | % answering *Disagree* or *Strongly Disagree* | % answering *Disagree* or *Strongly Disagree* |
| I believe it is okay for people my age to have sex with a friend. | % answering *Disagree* or *Strongly Disagree* | % answering *Disagree* or *Strongly Disagree* |
| **Perceived Peer Norms regarding Sex** | % answering *Agree* or *Strongly Agree* | % answering *Agree* or *Strongly Agree* |
| Most teens who have had sex wish they had waited until they were older. |  |  |
| Most teens my age are having sex. | % answering *Disagree* or *Strongly Disagree* | % answering *Disagree* or *Strongly Disagree* |
| **Friends’ Beliefs about Sex and Abstinence** | % answering *Agree* or *Strongly Agree* | % answering *Agree* or *Strongly Agree* |
| Most of my friends believe people my age should wait until they are older before they have sex. |  |  |
| Most of my friends believe it is okay for people my age to have sex with a steady boyfriend or girlfriend. | % answering *Disagree* or *Strongly Disagree* | % answering *Disagree* or *Strongly Disagree* |
| Most of my friends believe it is okay for people my age to have sex as long as they use a condom. | % answering *Disagree* or *Strongly Disagree* | % answering *Disagree* or *Strongly Disagree* |
| Most of my friends believe it is okay for people my age to have sex with a friend. | % answering *Disagree* or *Strongly Disagree* | % answering *Disagree* or *Strongly Disagree* |
| **Self-Efficacy to Refuse Sex** | % answering *I probably could stop them* or *I definitely could stop them* | % answering *I probably could stop them* or *I definitely could stop them* |
| Imagine you are alone with someone you like very much. Could you stop them if they wanted to kiss you on the lips, but you did not want them to do that? |  |  |
| Imagine you are alone with someone you like very much. Could you stop them if they wanted to touch your chest or breasts, but you did not want them to? |  |  |
| Imagine you are alone with someone you like very much. Could you stop them if they wanted to touch your private parts below the waist, but you did not want them to? |  |  |
| Imagine you are along with someone you like very much. Could you stop them if they wanted to have sex with you, but you did not want them to? |  |  |
| **Behavioral Intentions**  Do you intend to have sexual intercourse in the next year, if you have the chance? | % answering  *No, probably not* or *No, definitely not* | % answering  *No, probably not* or *No, definitely not* |
| Do you intend to be sexually abstinent (that is, not have sexual intercourse) from now until the end of high school? | % answering  *Yes, probably* or *Yes, definitely* | % answering  *Yes, probably* or *Yes, definitely* |
| Do you intend to be sexually abstinent (that is, not have sexual intercourse) from now until marriage? | % answering  *Yes, probably* or *Yes, definitely* | % answering  *Yes, probably* or *Yes, definitely* |
| If you were to have sexual intercourse in the next year, do you intend to use (or have your partner use) a condom? | % answering  *Yes, probably* or *Yes, definitely* | % answering  *Yes, probably* or *Yes, definitely* |
| **Parent/Guardian Communication** | % answering  *We’ve talked about it lots of times* | % answering  *We’ve talked about it lots of times* |
| How many times has your parent/guardian ever talked to you about dating or going out with someone you are attracted to? |  |  |
| How many times has your parent/guardian ever talked to you about how your body will change when you grow up or get older? |  |  |
| How many times has your parent/guardian ever talked to you about waiting to have sex until you are older? |  |  |
| How many times has your parent/guardian ever talked to you about waiting to have sex until you are married? |  |  |
| How many times has your parent/guardian ever talked to you about peer pressure? |  |  |
| How many times has your parent/guardian ever talked to you about HIV, AIDS or other sexually transmitted diseases? |  |  |
| How many times has your parent/guardian ever talked to you about condoms? |  |  |